

## Nage No Kata

TECHNIQUES	2-1	2-2	2-3	2-4	2-5	2-5d	2-3J
OPENING CEREMONY	6	6	8.5	8	7	2.5	21
UKI OTOSHI	6.5	6	8	7	7	2	20.5
SEOI NAGE	6	6	8	9	7	3	21
KATA GURUMA	6	5	8.5	6	7	3.5	19
UKI GOSHI	6	5	8	5	7	3	18
HARAI GOSHI	6.5	6	8.5	8	7	2.5	21.5
TSURIKOMI GOSHI	6.5	5	8	7	7.5	3	21
OKURI ASHI HARAI	6	5	8	7	10	5	21
SASAE TSURIKOMI ASHI	6.5	5	7.5	7	6.5	2.5	20
UCHIMATA	6	5	9	8	7	4	21
TOMOE NAGE	6	5	8	5	7	3	18
URA NAGE	6	5	7.5	8	7	3	20.5
SUMI GAESHI	6	6	8	8	7	2	21
YOKOGAKE	6	5	7	7	7	2	20
YOKO GURUMA	6	5	7.5	7	7	2.5	20
UKI WAZA	6	6	8	5	7	3	19
CLOSING CEREMONY	7.5	5	8.5	8	7	3.5	22.5
TOTAL	105.5	91	137	120	122	50	345

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Club	Tori - Uke
Kokushikai Judo (5 set)	Kunadze, Maya / Grant, Eli